



# DETROIT ASSOCIATION OF THE DEAF

MICHIGAN USA

ONE OF THE U.S. OLDEST ESTABLISHED DEAF ORGANIZATION

## FIRST ANNUAL 5K WALK /10K RUN and PICNIC

Saturday, May 22, 2010

All proceeds to benefit D.A.D. Women's Softball Team to fund the Children's Athletic Program

### STARTING TIME

5K Walk / 10K Run will start at 10:00 a.m.

The Run and Walk will start in front of the Nankin Mills Park Headquarters, there is parking available at the headquarters and behind the shelter.

The picnic will begin after the walk and run approximately between 12:00 and 1:00 pm. (Please see back of flyer for map and parking)

### WHERE

Nankin Mills Park located at Hines Drive and Farmington Rd & Ann Arbor Trail

### COURSE

5K Walk (3.1 miles) / 10K Run (6.2 miles)

Course is on the beautiful scenic Hines Drive

### PRE-ENTRY FEE

\$25.00 Pre-Registration with T-shirt (add \$7.00 if attending picnic)

\$20.00 Pre-Registration without T-shirt (add \$7.00 if attending picnic)

### Day of Event Entry Fee (no guarantee on T-Shirt Size)

\$30.00 Walk/Run Day Registration with T-shirt (add \$7.00 if attending picnic)

\$25.00 Walk/Run Day Registration without T-shirt (add \$7.00 if attending picnic)

### MAKE CHECKS PAYABLE TO

Detroit Association of the Deaf

### SEND ENTRY FORM AND FEE TO

Liza O'Jack

6224 Vail Drive

Ypsilanti, MI 48197

### PACKET PICKUP (8:00 am to 9:30 pm)

At Nankin Mills Park Run Headquarters

Located at the shelter across the street from the headquarters

### FOR INFORMATION PLEASE CONTACT

Karen Groth at (248)-974-3233 (voice)

-or-

Liza O'Jack at (734)-217-4818 (VP)

- or -

Email to dad.5k10k@gmail.com

After Walk and Run is finished - there will be a picnic between 12:00 and 1:00 pm

For more information about the run/walk/picnic check out our website: [www.detroitdeafclub.org](http://www.detroitdeafclub.org) or email [dad.5k10k@gmail.com](mailto:dad.5k10k@gmail.com)

## D.A.D. Women's Softball 5K WALK / 10 K RUN - Saturday, May 22, 2010

Cut-off date for registration including t-shirts is May 8, 2010

\_\_\_\_ Yes, I will be at 5K Walk /10K Run enclosed is \$\_\_\_\_\_ (see above for pricing)

\_\_\_\_ Sorry, I can't attend the 5K Walk / 10K Run, here is a contribution of \$\_\_\_\_\_

\_\_\_\_ Yes, I will be at the 5K Walk / 10K Run, and here is an additional contribution of \$\_\_\_\_\_

\_\_\_\_ No, I will not walk or run but I will be attending the picnic after Walk/Run \$7.00

T-Shirt Size - **please circle:** Small Medium Large X-Large XX-Large (Add \$2.00) XXX-Large (Add \$3.00) No Shirt

Sex: Male \_\_\_ Female \_\_\_ Age \_\_\_ **Please Select:** 5K Walk \_\_\_ 10K Run \_\_\_

Will Attend Picnic after run/walk? Yes \_\_\_ No \_\_\_

\_\_\_\_\_  
First Name

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
ST

\_\_\_\_\_  
Zip

Phone: (\_\_\_\_) \_\_\_\_\_

**Release:** In consideration of my participation, I for myself, my heirs, executors, and administrators, waive all rights and claims for damages I may have against D.A.D. club and their members, D.A.D. Women's softball team, Wayne County Parks, the sponsors of this event, their agents, representatives, successors, and assignees for any and all injuries suffered by me at said event, or which may arise out of my traveling to, participating in, and returning from this event. I further state that I am in proper physical condition to compete in this event.

**ATHLETE MUST SIGN** \_\_\_\_\_

**DATE** \_\_\_\_\_

(IF UNDER 18, PARENT MUST SIGN)

**NO REFUNDS - NO TRANSFERS**

# Wayne County Parks Hines Park

Nankin Mills Recreation Area

